

Model Policy on Isolation and Restraint

The _____ School District is committed to providing a safe and beneficial learning environment for all students. Although restraint and isolation of any student should generally be avoided, there are circumstances where such actions are necessary to preserve the safety of students and school staff. In addition to the rules and regulations set forth in Chapter 392-172A WAC for Aversive Interventions, this policy sets forth the District's requirements for use of restraint and isolation with students with disabilities.

A. Definitions

1. "Isolation" means excluding a student from his or her regular instructional area and restricting the student alone within a room or any other form of enclosure, from which the student may not leave.
2. "Restraint" means physical intervention or force used to control a student, including the use of a restraint device.
3. "Restraint device" means a device used to assist in controlling a student, including but not limited to metal handcuffs, plastic ties, ankle restraints, leather cuffs, other hospital-type restraints, pepper spray, tasers, or batons.

B. Isolation

1. Isolation shall only be used:
 - a. In response to unpredicted, spontaneous behavior, as defined in Washington's special education regulations; or
 - b. As specified in a student's Individualized Education Program (IEP), Aversive Intervention Plan (AIP), or accommodation plan under Section 504 of the Rehabilitation Act (504 Plan), in a manner consistent with the requirements of Washington's special education regulations.

C. Restraint

1. Restraint shall only be used:
 - a. In response to unpredicted, spontaneous behavior, as defined in Washington's special education regulations; or
 - b. As specified in a student's IEP, AIP, or 504 Plan, in a manner consistent with the requirements of Washington's special education regulations.

D. Review of Incidents of Isolation or Restraint

1. The Superintendent shall develop procedures providing for review of each incident of isolation or restraint as follows:

- a. The incident must be reviewed with the student, as determined appropriate by certificated staff knowledgeable about the student and his or her disability, to address the behavior that precipitated the incident;
- b. The incident must be reviewed with the student's parent or guardian to address the behavior that precipitated the incident; and
- c. The involved staff member(s) and the building principal/designee must review whether proper procedures were followed, including but not limited to staff's submission of a written report within two (2) business days of each such incident. Such report must include: the date and time of the incident; the name and job title of the staff member who administered the restraint or isolation; a description of the activity that led to the restraint or isolation; the type of restraint or isolation used on the student, including the duration; and whether the student or staff was physically injured during the restraint or isolation and any medical care provided.

E. Parental Notification

- 1. In addition to any applicable notice provisions in a student's IEP or 504 Plan, the Superintendent shall develop procedures providing for parental notification of the use of isolation or restraint with a student as follows:
 - a. Following the use of isolation or restraint with a student with disabilities, the principal/designee shall make reasonable efforts to verbally inform the student's parent or guardian of the incident within 24 hours; and
 - b. The principal/designee must send the parent or guardian written notification of the incident within five (5) business days of the incident. The notification must be in the language customarily used by the school to provide the parent or guardian school-related information.
- 2. The Superintendent shall also develop procedures regarding publication of these parental notification procedures as follows:
 - a. IEPs will include the procedures for notification of parents or guardians regarding the use of restraint or isolation with their student.
 - b. Parents or guardians will be provided a copy of this Policy upon development of their student's initial IEP or 504 Plan.

Cross References:	Board Policy ____	Special Education and Related Services
	Board Policy ____	Prohibition of Corporal Punishment
	Board Policy ____	Nondiscrimination
Legal References:	RCW 28A.600.____	(PENDING CODIFICATION)
	RCW 28A.155.____	(PENDING CODIFICATION)