

MENTAL HEALTH: THE ELEPHANT IN THE WORKPLACE

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This event addressed the distinct differences between the Gen 4 workers (Boomers, Gen X, Gen Y, and Gen Z) and their attitudes towards the subject of mental health. We also addressed business preparedness in relation to building a mentally resilient workforce and understanding the legal complexity and the risks associated with a failure to deal with the mental health issues appropriately.

Key areas covered in this seminar included:

- The growing complexity and increase in young people's mental health challenges
- What financial, legal and cost liabilities you may be open to as a business if a mental health issue isn't dealt with appropriately
- What you can do to support and educate your business and employees in the area of mental health
- The government's independent review of mental health and employers report: Thriving at Work